

METHODS FOR TREATING MILD COGNITIVE IMPAIRMENT**ABSTRACT OF THE DISCLOSURE**

5 This invention generally pertains to the field of psychiatry. In particular,
this invention pertains to the discovery that agents which inhibit the binding of cortisol to
its receptors can be used in methods for treating mild cognitive impairment. Mifepristone,
a potent specific glucocorticoid receptor antagonist, can be used in these methods. The
invention also provides a kit for treating mild cognitive impairment in a human including a
10 glucocorticoid receptor antagonist and instructional material teaching the indications,
dosage and schedule of administration of the glucocorticoid receptor antagonist.